

2019



HALF-DAY
PRESCHOOL
3-6 years

SUMMER SPORTS CAMPS

JUNE 15 - AUGUST 28



FULL-DAY
CAMPS
5-18 years



ELITE
TRAINING
9+ years



AFTER CARE
AND BUS
OPTIONS



CHELSEA PIERS
CONNECTICUT

EST.  2012

CHELSEA PIERS SUMMER CAMPS

JUNE 15 - AUGUST 28, 2015

At Chelsea Piers, we work diligently year-round to prepare for, and produce, an unparalleled summer camp experience. We offer – hands down – the best summer sports programming in Fairfield County and beyond! Extensive planning and care goes into every aspect of the camp day in order to maximize skill development, recreation, growth and, above all, fun. This brochure is your guide for picking the perfect camp for your child(ren) this summer. We offer almost every sport under the sun, including some new and exciting offerings for 2015.

PLAN AHEAD AND SAVE

Receive **Early Bird Pricing** when you register your child for camp between February 1st and April 30th. Members save 20% and customers can save 10% off of the full price of camp.

MORE CAMPS TO LOVE

Check out our new camps this year: full-day **Ice Skating** Camp, half-day **Dance Intensive** Camp, and our new **Little Athletes Mini-Olympic** Camp which is a three-week camp that includes Swimming, Ice Skating and Gymnastics – a combination that is entirely unique to Chelsea Piers!

TAKE THE BUS

For the first time, **bus transportation** is available for full-day campers living in Westchester. Available pick-up locations include **Pelham, New Rochelle, Rye** and **Harrison** during camp weeks from July 6 - 31. We hope to expand bus routes in the coming years. See you at the bus stop!

BRING A SWIM SUIT

We super-charged one of our signature camps, the **Sports Academy**, by adding an **instructional swimming rotation** to each camper's daily schedule.

We know you have come to expect a level of excellence from Chelsea Piers programs, and our summer camp delivers this outstanding experience across the board: immaculate, state-of-the-art facilities, top-level instruction from accomplished coaches, and uniquely innovative programming.

As someone who has been involved with camps my entire life, I truly believe that summer camp provides children with an opportunity to grow that is independent of their academic, school-year development. It is the perfect time to make new friends, explore personal interests and have fun. We hope you'll join us!

Richard Grundy
Director of Camps

DEADLINE:

APRIL

30

NEW EARLY BIRD PRICING

Sign-up early and save. Register by April 30 to enjoy discounted Early Bird Pricing!

Member	Non-Member
20% Off	10% Off

Discount applies to the non-member rate.

**Don't miss the deadline.
Sign-up today!**

NEW CAMP BUS



For the first time, Chelsea Piers launches a transportation program for 2015 servicing Pelham, New Rochelle, Rye and Harrison during camp weeks from July 6 - 31.

AFTER CARE OPTION

After Care is available for parents of full-day campers who need a little extra time at the end of the day. After Care runs 4:00pm – 5:30pm. (\$25/day or \$100/week.) Advance or day-of registration for After Care option is available.

LUNCHES & SNACKS

Chelsea Piers provides all full-day campers with nutritious, well-balanced lunches. All campers enjoy morning snacks.

ONLINE REGISTRATION

Chelsea Piers Members and/or Current Customers

Please use your current account log-in information to register your children in summer camp. If you do not have this information, please email ols@chelseapiersCT.com to have your username and a temporary password issued via email.

First-time Customers

When creating a new account, please include all family members, not just those currently enrolling. Once the account is created, the system does not permit customers to add additional sub-members themselves. To add sub-members after the fact, please call the Registration Desk at 203.989.1100.

If you experience trouble logging in or creating an account, please call 203.989.1100.

DEPOSIT & BALANCE

At the time of registration, Chelsea Piers requires a \$150 non-refundable deposit for each week of camp your child wishes to participate in. On May 1, 2015 all balances will be charged and going forward, all tuition must be paid in full at the time of registration.

CANCELLATION, CREDITS & REFUND POLICIES

Requests for camp cancellations and refunds (not including the \$150 non-refundable deposit for each camp week) will be accepted through June 14. Refunds are not available starting June 15.

If your camper suffers an injury that prevents them from attending camp, you may submit authorized documentation and apply for a camp credit to camps@chelseapiersCT.com.

Credits will not be issued for absences, lateness, sickness, fatigue or family emergencies.

Members and customers who wish to change camp programs or camp weeks will be accommodated provided there is space available. There is a \$25 transfer fee per child.

LITTLE ATHLETES CAMPS

AGES 3-6 • HALF-DAY

Gymnastics	page 5
Ice Skating	5
Hockey	6
NEW Mini-Olympic	5
Multi-Sport	6
Swimming	5
Tennis	6

FULL-DAY SPORTS CAMPS

AGES 5-18 • FULL-DAY

Basketball	page 18
Figure Skating: Synchro	14
Gymnastics	8
Hockey	12
Hockey: Girls	12
NEW Ice Skating	14
Ice Skating/Gymnastics	9
Lacrosse: Boys	15
Lacrosse: Girls	15
Racquets Academy	16-17
Soccer	11
Sports Academy	10
Squash	16
Swimming/Gymnastics	8
Tennis	17
Volleyball	19

ELITE CAMPS

AGES 9+ • HALF & FULL-DAY

Girls Leadership Camps	page 18
Top Shelf Hockey Camps	13
NEW Elite Dance Intensive	9
Elite Soccer	11
Elite Squash	16
Elite Tennis	17
Elite Volleyball	19

LITTLE ATHLETES SUMMER CAMPS

AGES 3-6 • HALF-DAY



Chelsea Piers offers a dynamic preschool camp program with a variety of sport options. Parents can choose from Little Athletes Gymnastics, Hockey 101, Ice Skating, Swimming, Multi-Sport, Tennis and our new Mini-Olympic camp. In each camp, our patient, enthusiastic and experienced instructors emphasize the fun of sports and focus on the development of each camper's confidence and self-esteem. In addition to each camp's core sport(s) curriculum, campers enjoy a daily recreation period and arts & crafts activities.

CAMP FEATURES

- A low camper-to-teacher ratio
- Daily recreational activities, including rock climbing, trampoline, soccer, tee ball and more
- Daily arts & crafts activities
- Morning snack provided

CAMP STAFF

Our accomplished staff of professional coaches in each camp creates a fun, innovative and age-appropriate learning environment. Mature, energetic and talented counselors assist coaches to ensure a wonderful camp experience for your preschooler.

LITTLE ATHLETE SUMMER CAMPS

NOTE: Campers must turn minimum age by 6/15/15 and be fully toilet-trained.

	AGES	PAGE	WK 1: June 15 - 19	WK 2: June 22 - 26	WK 3: June 29 - Jul. 3	WK 4: July 6 - 10	WK 5: July 13 - 17	WK 6: July 20 - 24	WK 7: July 27 - 31	WK 8: Aug. 3 - 7	WK 9: Aug. 10 - 14	WK 10: Aug. 17 - 21	WK 11: Aug. 24 - 28
NEW Mini-Olympic	3-5	5	3-Week Camp			3-Week Camp			3-Week Camp				
Gymnastics	3-5	5	•	•	•	•	•	•	•	•	•	•	•
Hockey	3-5	5	•	•	•	•	•	•	•	•	•	•	•
Ice Skating	3-5	5	•	•	•	•	•	•	•	•	•	•	•
Swimming	3-5	6	•	•	•	•	•	•	•	•	•	•	•
Multi-Sport	4-5	6	•	•	•	•	•	•	•	•	•	•	•
Tennis	4-6	6	•	•	•	•	•	•	•	•	•	•	•



**LITTLE ATHLETES
GYMNASTICS
CAMP**

3 - 5 YEARS
BOYS & GIRLS

9:00AM - 12:00PM
MONDAY - FRIDAY

Little Athletes Gymnastics builds upon each child's natural love of movement and exploration. Through creative play and supportive instruction, young children are introduced to the basic elements of gymnastics and movement while enjoying arts & crafts activities and a daily rec period within our state-of-the-art sports complex.

	Member	Non-Member
Single Week	\$300	\$350
Early Bird Special <i>(By April 30)</i>	\$285	\$315



**LITTLE ATHLETES
SWIMMING
CAMP**

3 - 5 YEARS
BOYS & GIRLS

9:00AM - 12:00PM
MONDAY - FRIDAY

Our welcoming and knowledgeable staff focuses on building water confidence, basic swim techniques and pool safety skills in a safe, fun and supportive environment. Our camp curriculum is built upon our successful, year-round fundamental approach to swim instruction: low teacher-to-swimmer ratios and personal attention to every child.

	Member	Non-Member
Single Week	\$300	\$350
Early Bird Special <i>(By April 30)</i>	\$285	\$315



**LITTLE ATHLETES
ICE SKATING
CAMP**

3 - 5 YEARS
BOYS & GIRLS

9:00AM - 12:00PM
MONDAY - FRIDAY

This camp introduces children to ice skating in a learning environment modified to meet the needs of preschoolers. Our specially designed program teaches the foundations of skating – balance, standing, marching and stopping – in a safe and fun environment. Campers round out their day with off-ice activities including soccer, rock climbing, arts & crafts and more.

	Member	Non-Member
Single Week	\$300	\$350
Early Bird Special <i>(By April 30)</i>	\$285	\$315

**LITTLE ATHLETES
MINI-OLYMPIC
CAMP**

3 - 5 YEARS
BOYS & GIRLS

9:00AM - 12:00PM
MONDAY - FRIDAY

Our new Mini-Olympic camp allows our youngest campers to progress through one week of each of our most popular Little Athletes camps: Gymnastics, Swimming and Ice Skating. Parents receive a registration discount for this 3-week camp bundle.

	Member	Non-Member
3-Week Camp	\$810	\$950
Early Bird Special <i>(By April 30)</i>	\$770	\$855

**NEW
FOR
2015**



LITTLE ATHLETES
HOCKEY
CAMP

3 - 5 YEARS
BOYS & GIRLS

9:00AM - 12:00PM
MONDAY - FRIDAY

Our unique introductory hockey program offers young players a head start in learning the fundamental skills of hockey in a supportive, nurturing environment. Daily hockey instruction, drills and games are supplemented with off-ice sports, including soccer, tee ball, rock climbing and daily arts & crafts activities.

	Member	Non-Member
Single Week	\$300	\$350
Early Bird Special <i>(By April 30)</i>	\$285	\$315



LITTLE ATHLETES
MULTI-SPORT
CAMP

4 - 5 YEARS
BOYS & GIRLS

9:00AM - 2:00PM
MONDAY - FRIDAY

Multi-sport camp is the perfect program for Little Athletes who enjoy a wide variety of sports. Soccer, tee ball, gymnastics and lacrosse headline the expansive roster of sports activities. Through spirited play, campers learn skills, gain self-confidence and acquire a love of sports to match their interests. We believe that confidence is the key to success and, therefore, gear our teaching towards making campers feel good about sports and their own abilities. In addition to a power-packed day of sports, campers also enjoy arts & crafts and daily rec activities.

	Member	Non-Member
Single Week	\$385	\$450
Early Bird Special <i>(By April 30)</i>	\$365	\$405



LITTLE ATHLETES
TENNIS
CAMP

4 - 6 YEARS
BOYS & GIRLS

9:00AM - 2:00PM
MONDAY - FRIDAY

The Little Athletes Tennis Camp is an ideal opportunity for young players to learn the game of tennis from experienced, professional coaches in a fun and supportive environment. Chelsea Piers tennis pros teach the fundamentals of the game on our customized 36-foot court with low nets, and utilize the USTA recommended low bounce, red ball and appropriately sized racquets for small hands. The goal is to instill a love of tennis in our youngest players. In addition to high-energy tennis instruction, campers enjoy arts & crafts and exciting rec activities.

	Member	Non-Member
Single Week	\$385	\$450
Early Bird Special <i>(By April 30)</i>	\$365	\$405

FULL-DAY AND ELITE SUMMER CAMPS

AGES 5-18

Chelsea Piers offers a variety of full-day and elite training summer camps. In each camp, children are grouped by age and ability level to maximize learning and focus on individual skill development. Our experienced, highly qualified staff works with small groups to teach proper technique, identify individual strengths and help campers reach their highest potential. Our unique daily recreational period allows campers to try new sports, cross-train and enjoy a well-rounded sports education.

FULL-DAY AND ELITE SUMMER CAMPS		AGES	PAGE	WK 1: June 15 - 19	WK 2: June 22 - 26	WK 3: June 29 - Jul. 3	WK 4: July 6 - 10	WK 5: July 13 - 17	WK 6: July 20 - 24	WK 7: July 27 - 31	WK 8: Aug. 3 - 7	WK 9: Aug. 10 - 14	WK 10: Aug. 17 - 21	WK 11: Aug. 24 - 28
FULL-DAY	Basketball	8 - 12	18		•	•	•						•	•
	Figure Skating: Synchro	6 - 12	14		•									
	Gymnastics	5 - 13	8	•	•	•	•	•	•	•	•	•	•	•
	Hockey	5 - 12	12	•	•	•	•	•	•	•	•	•	•	•
	Hockey: Girls	8 - 14	12			•		•				•		
	Ice Skating	5 - 12	14	•		•	•	•	•	•	•	•	•	•
	Ice Skating/Gymnastics	5 - 12	9	•	•	•	•	•	•	•	•	•	•	•
	Lacrosse: Boys	6 - 9	15				•	•			•	•		
	Lacrosse: Boys Half-Day	10 - 14	15						•	•	•		•	
	Lacrosse: Girls Half-Day	10 - 14	15						•	•	•			
	Racquets Academy	5 - 13	16	•	•	•	•	•	•	•	•	•	•	•
	Soccer	6 - 13	11			•	•	•	•				•	•
	Sports Academy	5 - 12	10	•	•	•	•	•	•	•	•	•	•	•
	Squash	5 - 14	16	•	•	•	•	•	•	•	•	•	•	•
	Swimming/Gymnastics	5 - 12	8	•	•	•	•	•	•	•	•	•	•	•
Tennis	5 - 12	17	•	•	•	•	•	•	•	•	•	•	•	
Volleyball	12 - 18	19	•				•	•	•	•				
ELITE	Elite Dance Intensive	9 - 18	9					•					•	
	Elite Soccer	7 - 13	11						•				•	
	Elite Squash	16 - 18	16	•	•	•	•	•	•	•	•	•	•	•
	Elite Tennis	8 - 17	17	•	•	•	•	•	•	•	•	•	•	•
	Elite Volleyball	12 - 18	19		•						•	•	•	•

GYMNASTICS

At Chelsea Piers Gymnastics Camp, gymnasts of all levels, from beginners to advanced, experience the thrill of learning new skills in our 15,000-sq.-ft. air-conditioned gymnastics center. The state-of-the-art facility includes two competition spring floors, in-ground trampolines and multiple sets of equipment for each of the men's and women's Olympic events. Deep foam training pits and tumble tracks create the optimal safe learning environment for campers.

Camp Features

- Age and level appropriate curriculum developed for each gymnastics group
- Low camper-to-instructor ratio
- Campers rotate through appropriate men's and women's Olympic gymnastics events
- Unique recreation period (Adventure Center, Splash Zone and more)

Sample Schedule

8:30am	Campers Arrive
8:45am	Warm-Up
9:00am	Rotations 1-5
11:45am	Lunch & Recreational Period
1:45pm	Group Games
2:15pm	Rotations 6-8
3:45pm	Campers Depart

EARLY BIRD PRICING

Enroll by April 30 and save!



GYMNASTICS CAMP

5 - 13 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

Whether your child dreams of mastering Olympic-level skills or simply wants to experience the excitement of bouncing on something other than a bed, he or she will love Gymnastics Camp. Our experienced and highly qualified staff works with small groups to identify individual strengths, teach proper technique and help campers reach their highest potential. Campers are divided by age and skill level.

	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535



GYMNASTICS/ SWIMMING CAMP

5 - 12 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

Our swimming and gymnastics instruction builds a foundation of basic skills, allowing children to gain confidence and have fun in both the pool and the gym. Curriculums are age and skill-appropriate, and are aimed at helping children progress through development in a fun and supportive environment. To maximize learning and improvement, participants are separated by age and ability in the beginning of each week of camp.



	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535

NEW



**JULY 13-17
AUGUST 17-21
FOR AGES 9+**

DANCE ACADEMY SUMMER INTENSIVE

Immerse your child in a multi-faceted dance experience with our Dance Academy Summer Intensives! Designed to expose participants to the key components for developing their art, highlights of these specialized week-long programs include an emphasis on technique, choreography, injury prevention and proper nutrition. Ideal for developing dancers interested in building a strong foundation for both physical and artistic growth.



Our staff of highly-trained, professional instructors consider form and technique a priority, ensuring that our dancers progress safely and with no harm to their growing bodies. Classes are held in the brand-new 1,600-sq.-ft. dance studio with Marley sprung floors.

For complete camp details and to register, visit chelseapiersCT.com/dance.



GYMNASTICS/ ICE SKATING CAMP

**5 - 10 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY**

The ice skating and gymnastics combination camp is perfect for the child who enjoys the artistry of both sports and is looking for a well-rounded camp experience. Our experienced, highly qualified staff works with small groups to identify individual strengths, teach proper technique and help campers reach their highest potential in gymnastics and ice skating.

	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535

LITTLE ATHLETES GYMNASTICS CAMP

**3 - 5 YEARS BOYS & GIRLS
9:00AM - 12:00PM MONDAY - FRIDAY**

Little Athletes Gymnastics camp builds upon each child's natural love of movement and exploration, through creative play and supportive instruction.

SEE PAGE 5

SPORTS ACADEMY

If you have an active child who loves sports, we have the perfect camp! Basketball, soccer, swimming, lacrosse, baseball, tennis and floorball headline the roster of sports offered at the Sports Academy. In addition to these popular sports, campers also have the opportunity to ice skate, rock climb, do gymnastics and jump on trampolines. **New this summer:** campers now also enjoy daily swim instruction, making our Sports Academy the most well-rounded camp in Fairfield County!

Camp Features

- Expert coaches (see website for details)
- Age and skill-appropriate curriculum
- Low player-to-coach ratio
- Nutritious lunch and snack provided
- Unique recreation period (Adventure Center, Splash Zone and more)

Sample Schedule

8:45am	Campers Arrive
9:00am	Camp Meeting & Warm-up
9:15am	Instructional Classes
11:30am	Lunch & Recreation Period
2:00pm	Instruction/Games/Scrimmages
3:45pm	Campers Depart

EARLY BIRD PRICING

Enroll by April 30 and save!



SPORTS ACADEMY

5 - 12 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

The goal of the Sports Academy is not only to offer young campers a place to play, but to teach them a wide range of skills that they will use for the rest of their lives. Through spirited play geared toward individual ability levels, campers learn skills for multiple sports, gain self-confidence and acquire a love of sports to match their talents and interests. Games and competitions are incorporated into the curriculum daily.

	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535



LITTLE ATHLETES MULTI-SPORT CAMP

4 - 5 YEARS BOYS & GIRLS
9:00AM - 2:00PM MONDAY - FRIDAY

SEE PAGE 6

SOCCER

Chelsea Piers is pleased to offer boys and girls the chance to build skills and take their game to the next level in our air-conditioned Field House, which includes a 100-yard state-of-the-art no-fill turf.

Campers are taught skills and techniques utilizing individual ball work, competitive small-sided games, and full-field exercises to learn all aspects of the game. Players also benefit from off-field cross-training and recreational activities.

Camp Features

- Expert coaches (see website for details)
- Two sessions of soccer instruction daily
- Age and skill-appropriate curriculum
- Nutritious lunch and snack provided
- Unique recreation period
(Adventure Center, Splash Zone and more)

Sample Full-Day Camp Schedule

8:45am	Campers Arrive
9:00am	Soccer Instruction
12:00pm	Lunch & Recreational Period/ Cross-training
1:30pm	Soccer Instruction
3:30pm	Cool-down
3:45pm	Campers Depart

**SIGN UP TODAY FOR
1 OR MORE WEEKS!**



SOCCER CAMP

JUNIOR ACADEMY

6 - 9 YEARS BOYS & GIRLS

8:45AM - 3:45PM MONDAY - FRIDAY

Players are taught skills and techniques using individual ball work and small-sided games in a fun and supportive environment.

ADVANCED ACADEMY

10 - 13 YEARS BOYS & GIRLS

8:45AM - 3:45PM MONDAY - FRIDAY

For our older, more advanced players, the focus of the sessions is on individual and team skill development.

	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535

ELITE SOCCER CAMP

7 - 13 YEARS BOYS & GIRLS

4:15PM - 7:15PM MONDAY - THURSDAY

Competitive soccer players hone their skills in Connecticut's finest indoor soccer facility. See website for camp details.

	Member	Non-Member
Single Week	\$255	\$300
Early Bird Special <i>(By April 30)</i>	\$240	\$270

GIRLS SOCCER LEADERSHIP CAMP

14 - 18 YEARS GIRLS

8:00AM - 4:00PM MONDAY - FRIDAY

SEE PAGE 18

HOCKEY

Chelsea Piers offers world-class facilities and an unmatched hockey camp experience. Our first-rate coaching staff is chosen for their outstanding talent, enthusiasm, vast knowledge and teaching ability. Our summer camps are designed so that each individual player can expand their level of play, experience personal growth and enjoy a fast-paced and challenging camp.

Camp Features

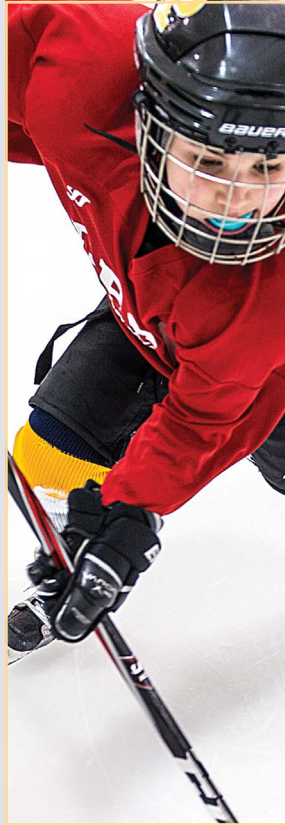
- Expert coaches (see website for details)
- Focused power skating sessions
- Station-based skill development sessions
- Outdoor Hockey Skills Zone
- Low player-to-coach ratios
- Weekly NHL Skills Competition
- Friday Game Day
- Nutritious lunch and snack provided

Sample Schedule

8:30am	Campers Arrive
9:00am	On-ice: Power Skating
10:45am	Athletic Development Session/ Off-ice Training in Skills Zone
12:00pm	Lunch
1:00pm	On-ice: Skill Development and Small Area Games
2:45pm	Off-ice Recreational Period
4:00pm	Cool-down and Campers Depart

EARLY BIRD PRICING

Enroll by April 30 and save!



HOCKEY CAMP

U6, U8, U10 & U12 BOYS & GIRLS
8:30AM - 4:00PM MONDAY - FRIDAY

Professional coaching, power skating, station-based training, goalie-specific instruction and game play are the hallmarks of this skill development hockey camp. Our comprehensive and age-specific curriculum follows USA Hockey's nationally recognized hockey development principles. In addition to 3 hours of on-ice training daily, campers also benefit from off-ice athletic training and fun recreational activities that utilize our Splash Zone, Adventure Center, fields and more.

	Member	Non-Member
Single Week	\$590	\$695
Early Bird Special <i>(By April 30)</i>	\$560	\$625



GIRLS HOCKEY CAMP

U10, U12 & U14 GIRLS
8:30AM - 4:00PM MONDAY - FRIDAY

Professional and collegiate level female players assist on and off the ice, where they expose players to different aspects of the game in an up-tempo, fun and challenging environment. With 3 hours daily of on-ice training, all aspects of the game are covered, with an emphasis on fundamentals, movement, positioning, game situations, playing systems and 1-on-1 strategy. Daily off-ice training in our unique outdoor hockey skills zone and fun recreational opportunities make this camp the best girls hockey camp available.

	Member	Non-Member
Single Week	\$590	\$695
Early Bird Special <i>(By April 30)</i>	\$560	\$625



SUMMER TRAINING FOR ADVANCED SQUIRT AND PEE WEE PLAYERS

Chelsea Piers is proud to offer a series of unique, specialized, advanced hockey camps for experienced travel hockey players. With low player-to-coach ratios and a professional staff including collegiate coaches, motivated athletes can improve their skating and hockey skills. Groups are divided by age and skill level.

SCORING ACADEMY CAMP

FORWARD VS. DEFENSE CAMP

PRO CREASE GOALIE CAMP

POWER SKATING & CONDITIONING CAMPS

SMALL AREA GAMES CAMP

TUNE UP CAMP

CUSTOMIZED TEAM CAMPS

The Top Shelf coaching staff develops and enhances new skills through fundamental step-by-step coaching designed to push players out of their comfort zone.



Camp Features

- Two daily on-ice instruction sessions
- Off-ice instruction in the Outdoor Skill Zone
- Strength training at BlueStreak Sports Training, including stride technique on the hockey treadmill

For a complete list of coaches, camp details and to register, visit chelseapiersCT.com/topshelf.



LITTLE ATHLETES HOCKEY CAMP

3 - 5 YEARS BOYS & GIRLS
9:00AM - 12:00PM MONDAY - FRIDAY

This unique introductory program offers young athletes a head start in learning the fundamental skills of hockey in a supportive, nurturing environment. Daily hockey instruction, drills and games are supplemented with off-ice sports, including gymnastics, soccer, tee ball and more.

	Member	Non-Member
Single Week	\$300	\$350
Early Bird Special (By April 30)	\$285	\$315



GIRLS HOCKEY LEADERSHIP CAMP

14 - 18 YEARS GIRLS
8:00AM - 4:00PM MONDAY - FRIDAY

SEE PAGE 18

ICE SKATING

Chelsea Piers Ice Skating Camp offers comprehensive instruction for skaters of all ability levels. Our supportive, experienced coaching staff introduces skaters to the fun and fundamentals of skating, whether they are learning to skate, improving their skill-set or just want to enjoy the coolest camp of the summer! In addition to an ample amount of on-ice time, campers rotate through a fun-filled schedule that complements the development of their skating performance. Off-ice activities are structured to build strength, grace, and balance, all in a fun and supportive environment.

Camp Features

- 140 minutes of ice time daily
- Low camper-to-instructor ratio to ensure individual attention and maximize safety and learning.
- Off-ice rotation includes a daily session in the Dance Academy
- Unique recreation period (Adventure Center, Splash Zone and more)

Sample Schedule

8:45am	Campers Arrive
9:00am	On-ice Session 1
11:30am	Lunch & Recreational Period
1:30pm	On-ice Session 2
3:30pm	Cool-down
3:45pm	Campers Depart

NEW



ICE SKATING CAMP

5 - 12 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

Chelsea Piers has assembled an accomplished staff of professional coaches and supportive counselors to provide fun, innovative and progressive instruction for skaters of all abilities. Designed by former British Olympian Jason Briggs, the camp curriculum reinforces the fundamentals of skating – forwards and backward movement, crossovers, etc. – and moves advanced skaters closer to their goals.

	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535



SYNCHRONIZED SKATING CAMP

5 - 10 YEARS INTRO - PRELIMINARY
11 - 14 YEARS PREJUVENILE - INTERMEDIATE
8:45AM - 3:45PM MONDAY - FRIDAY

Under the direction of Josh Babb, coach of Team USA for the 2013 Junior World Synchronized Skating Championships in Helsinki, Finland and the Director of the Skyliners Synchronized Skating teams, Chelsea Piers Synchronized Skating Camp is staffed with top-level skating professionals. Daily on-ice sessions emphasize proper skating technique, turns, posture, edge control and musical interpretation. Skaters also have daily off-ice fitness and dance classes.

	Member	Non-Member
Single Week	\$590	\$695
Early Bird Special <i>(By April 30)</i>	\$560	\$625

LACROSSE

Chelsea Piers lacrosse camps are designed so each individual player can improve their level of play, experience personal growth and enjoy a fast-paced and fun camp.

Our camp curriculum encourages each player to build a solid foundation of stick skills, footwork and lacrosse IQ while developing a better knowledge of the game. Camp focuses on skill and technique development through stations and games.

Camp Features

- Expert coaches (see website for details)
- Two on-field sessions per day
- Focus on individual skill development
- Low player-to-coach ratio
- Nutritious lunch and snack provided
- Unique recreation period (Adventure Center, Splash Zone and more)

Sample Schedule

8:45am	Campers Arrive
9:00am	Skill Development
11:30am	Lunch & Recreational Period
1:30pm	Scrimmages and Field Games
3:30pm	Cool-down
3:45pm	Campers Depart

EARLY BIRD PRICING

Enroll by April 30 and save!



BOYS LACROSSE CAMP

6 - 9 YEARS BOYS

8:45AM - 3:45PM MONDAY - FRIDAY

The Full Day Lacrosse camp for boys teaches young athletes the fundamentals of stick and ball handling, as well as a basic understanding of game and field strategy. In addition to unparalleled lacrosse instruction, campers also benefit from training and fun activities including soccer, dodgeball, kickball and fun in the Splash Zone and Adventure Center.

	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535



HALF-DAY LACROSSE CAMPS

10 - 14 YEARS

BOYS 4:00PM - 7:00PM MON. - THUR.
GIRLS 9:00AM - 12:00PM MON. - FRI.

The Boys and Girls Half-Day Lacrosse Camps are led by former Division I Lacrosse Coach and Chelsea Piers Lacrosse Director, Tony Vallance. Coaches strive to help each child reach their individual goals, and an emphasis is placed on individual and team skill development through expert instruction in our superior training facilities.

Boys (4-Day)	Member	Non-Member
Single Week	\$255	\$300
Early Bird Special <i>(By April 30)</i>	\$240	\$270

Girls (5-Day)	Member	Non-Member
Single Week	\$320	\$375
Early Bird Special <i>(By April 30)</i>	\$300	\$340

SQUASH

Chelsea Piers is home to Fairfield County's best summer camps and training programs for junior to elite level squash players. Our camps are designed to create a unique experience so each camper can improve their level of play and enjoy social interaction in an exceptional squash club setting. The proven coaching methodology and techniques of Squash Director Natalie Grainger, former World #1, forms the basis of the camp curriculum. Our summer training sessions involve high-level drilling, match play and conditioning to prepare players for a strong squash season.

Camp Features

- 11 singles squash courts and 1 doubles court
- Off-court strength and conditioning training
- Expert coaches (see website for details)
- Low athlete-to-instructor ratios
- Unique recreation period (Adventure Center, Splash Zone and more)
- Nutritious lunch and snack provided

Sample Full-Day Camp Schedule

8:45am	Campers Arrive
9:15am	Squash: Technique & Drilling
11:30am	Lunch & Recreational Period
1:30pm	Skill Development, Strategy and Match Play
3:45pm	Campers Depart



SQUASH CAMP

5 - 14 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

Squash Summer Camp is geared towards players of varying abilities, from beginners to Bronze Junior Tournament players. The curriculum includes basic technique (grip & swing), footwork patterns (front & back court) and drills that help develop regular hitting patterns. Players also have the opportunity to improve their overall athletic skills and conditioning with daily movement, ghosting and fitness sessions run by our professional staff.

	Member	Non-Member
Single Week	\$590	\$695
Early Bird Special <i>(By April 30)</i>	\$560	\$625

ELITE SQUASH

HALF-DAY & FULL-DAY OPTIONS

U15: 10 - 14 YEARS BOYS & GIRLS
U19 - COLLEGE BOYS & GIRLS

For details visit chelseapiersCT.com/camp



RACQUETS ACADEMY

5 - 12 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

The curriculum of Racquets Academy, a dual tennis and squash camp, is designed by **Natalie Grainger**, former World #1 and U.S. National coach, along with Hall of Famer, **Gigi Fernandez**. Campers also enjoy recreational activities that include ice skating, rock climbing, gymnastics, the Splash Zone and more.



	Member	Non-Member
Single Week	\$590	\$695
Early Bird Special <i>(By April 30)</i>	\$560	\$625

TENNIS

Tennis camps at Chelsea Piers are designed to help young players improve their skills and learn the tactics of the game in an upbeat and supportive environment. Participants learn the skills needed to be successful lifelong tennis players, including technical and tactical strategies, stroke development and point play in a fun game-based environment. In addition to their daily tennis activities, campers also experience many of the other sports available at Chelsea Piers including: the “Splash Zone” water park & swimming, Adventure Center (trampolines & rock climbing), field games and more.

Camp Features

- State-of-the-art tennis facility with 7 indoor courts and 2 junior courts
- High-level instruction from top-level pros (see website for details)
- Unique recreation period (Adventure Center, Splash Zone and more)
- Nutritious lunch and snack provided

Sample Full-Day Camp Schedule

8:45am	Campers Arrive
9:15am	Tennis Lesson #1
11:30am	Lunch & Recreational Period
1:30pm	Tennis Lesson #2 and Match Play
3:45pm	Campers Depart



TENNIS CAMP

5 - 12 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

Our accomplished team of tennis professionals teach the fundamentals of the game utilizing the USTA modified courts, nets, racquets and balls. The modified balls bounce lower, don't move as fast through the air and are easier to hit. Racquets are sized appropriately for maximum control. By using this format, the benefits are immediate, and within a short time kids are rallying and truly enjoying the game.

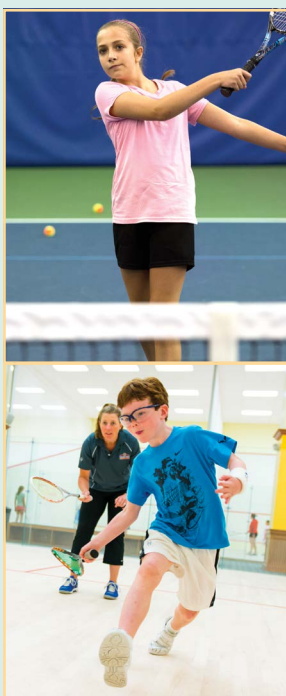
	Member	Non-Member
Single Week	\$590	\$695
Early Bird Special <i>(By April 30)</i>	\$560	\$625



ELITE TENNIS INVITE ONLY

8 - 17 YEARS BOYS & GIRLS
11:30AM - 5:30PM MONDAY - FRIDAY

For details visit chelseapiersCT.com/camp



RACQUETS ACADEMY

5 - 12 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

The curriculum of Racquets Academy, a dual tennis and squash camp, is designed by **Natalie Grainger**, former World #1 and U.S. National coach, along with Hall of Famer, **Gigi Fernandez**. Campers also enjoy recreational activities that include ice skating, rock climbing, gymnastics, the Splash Zone and more.

	Member	Non-Member
Single Week	\$590	\$695
Early Bird Special <i>(By April 30)</i>	\$560	\$625



DYNAMIC ATHLETIC AND LEADERSHIP TRAINING FOR GIRLS

The Chelsea Piers Girls Leadership Camp provides female athletes in grades 9 - 12 with a unique opportunity to develop their individual athletic skills, while also learning how to become leaders on and off the playing surface. Athletes select the sport component of their choice: **Hockey, Soccer** or **Volleyball**. In addition to learning from top-level coaches on the ice, field or court, athletes learn the meaning of leadership and how it relates to their athletic performance.

Athletes leave camp with a new and powerful perspective on their own athletic career, armed with the tools they need to become strong leaders in all areas of their lives. Athletes experience peak performance health and nutrition training, learn the ins and outs of college & prep school recruiting and discover what it takes to succeed in sports from many of the world's finest professional and former college female athletes.

Camp Features

- A minimum of two high-tempo sport-specific training sessions per day
- Leadership training and team building sessions
- Daily seminars on a wide range of topics
- Daily strength & conditioning sessions

For complete camp details and to register, visit chelseapiersCT.com/leadership.

BASKETBALL

Basketball Camp helps develop young athletes into focused, top-notch players, by focusing on skill development, while creating a love of the sport with fun and high-energy challenges, games and contests.

Camp Features

- Expert coaches (see website)
- Two on-court sessions per day
- Age-appropriate curriculum
- Unique recreation period (Adventure Center, Splash Zone and more)
- Nutritious lunch and snack provided



BASKETBALL CAMP

8 - 12 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

Under the direction of Manhattanville College standout and Chelsea Piers Basketball Director, Brian Bertucci, our experienced coaches encourage a productive learning environment with the proper mix of fun, while also teaching the skills needed to improve based on each camper's age and skill level.

	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535

VOLLEYBALL

Chelsea Piers volleyball camps are designed for players who are looking to build a strong foundation for their all-around volleyball skill set.

Two on-court sessions per day deliver comprehensive training that stresses proper fundamentals and technique in all court proficiencies: passing, hitting, serving, setting, defense and blocking.

Concentrated instruction provides participants with an opportunity to improve their performance and overall skill level.

Camp Features

- Expert coaches (see website for details)
- Focus on skill development
- Low player-to-coach ratios
- Two on-court sessions per day
- Unique recreation period (Adventure Center, Splash Zone and more)
- Nutritious lunch and snack provided

Sample Full-Day Camp Schedule

8:45am	Campers Arrive
8:45am	On-court Skill Development
11:00am	Recreational Period
12:15pm	Lunch and Off-court/Athletic Training
1:45pm	On-court Development & Application
3:45pm	Campers Depart

EARLY BIRD PRICING

Enroll by April 30 and save!



VOLLEYBALL CAMP

12 - 18 YEARS BOYS & GIRLS
8:45AM - 3:45PM MONDAY - FRIDAY

Volleyball camp includes skill development and training designed to challenge each player to improve their individual play, teamwork and strategy.

	Member	Non-Member
Single Week	\$505	\$595
Early Bird Special <i>(By April 30)</i>	\$475	\$535



ELITE VOLLEYBALL

12 - 18 YEARS BOYS & GIRLS
5:00PM - 8:00PM MON. - THUR.

Our Elite Volleyball Camp is designed for the actively training athlete participating at the high school varsity/club level. Specialties offered include detailed coaching for setters, outside hitters, middle blockers and libero/defensive specialists.

	Member	Non-Member
Single Week	\$255	\$300
Early Bird Special <i>(By April 30)</i>	\$240	\$270




GIRLS VOLLEYBALL LEADERSHIP CAMP

14 - 18 YEARS GIRLS
8:00AM - 4:00PM MONDAY - FRIDAY

SEE PAGE 18

CHELSEA PIERS
CONNECTICUT
 EST.  2012

1 Blachley Road
 Stamford, CT 06902
 chelseapiersCT.com

 Printed on paper containing post-consumer fiber.



IMG
 ACADEMY

PREP SCHOOL • SPORTS CAMPS
 Bradenton, FL • imgacademy.com
 800.872.6425 • info@imgacademy.com

**Know-how gives you
 the competitive edge.**

Visit us today to learn about our full range of consumer, wealth management and business banking solutions.

People's United Bank
 Member FDIC
What know-how can do®

800-772-1090 | peoples.com



RECORD

DOWNLOAD IT NOW
 THE ULTIMATE HEALTH AND PERFORMANCE APP.

GET IT ON   Apple and the Apple logo are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc.



POWERADE

POWERADE
 SPORTS DRINK WITH VITAMINS B3, B6 & B12

80 CALORIES 32 FL. OZ. (17 071 946 mL) MOUNTAIN BERRY BLAST™ MIXED BERRY FLAVORED WITH NATURAL FLAVORS

©2015 The Coca-Cola Company. POWERADE® is a registered trademark of The Coca-Cola Company.



CHELSEA PIERS
 CONNECTICUT

Sports Medicine at Chelsea Piers CT

- Fellowship-Trained Orthopedic Surgeons
- Concussion Center
- Motion Analysis
- Nutritional Counseling
- Pain Management
- Integrative Techniques

Call 203.276.4123 or visit us online at StamfordHospital.org/ChelseaPiersCT

STAMFORD HOSPITAL
 Orthopedic & Spine Institute

member
 NewYork-Presbyterian
 Healthcare System
 affiliate: Columbia University College
 of Physicians and Surgeons

EVENTS HAVE THEIR SPACE AT CHELSEA PIERS

THE LOFT

203.989.1005 chelseapiersCT.com/loft